

University of Pretoria Yearbook 2021

Exercise physiology 701 (MBK 701)

Qualification	Postgraduate
Faculty	Faculty of Humanities
Module credits	27.00
NQF Level	08
Prerequisites	No prerequisites.
Contact time	1 lecture per week
Language of tuition	Module is presented in English
Department	Sport and Leisure Studies
Period of presentation	Year

Module content

The module examines exercise physiology from a biokinetics perspective and includes the normal and pathophysiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue. (1 hour contact time per week with work assignments for the following week.)

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